



Individual Cold Lunches

Double Smoked Leg Ham, Cheddar Cheese, Dijonaise, Tomato and Lettuce Baguette *and*

Marinated Chicken Breast, Cucumber, Carrot, Herbed Mayonnaise and Salad Half Wrap
Seasonal Whole Fruit and Muesli Bar

Vegetarian Option

- Sun dried Tomato, Hummus, Olive, Red Onion Jam and Lettuce Baguette *and*
- Avocado, Falafel, Carrot, Cucumber, Cheese, Herb Aioli and Lettuce Half Wrap

Gluten Free / Coeliac Option

- Double smoked Ham, Cheddar Cheese, Dijonaise, Tomato, Lettuce Soy and Linseed Sandwich *and*
- Chicken, Cucumber, Carrot, Herb Aioli and Lettuce Soy and Linseed Sandwich

Lactose Free / Dairy Free

- Double smoked Ham, Dijonaise, Tomato and Lettuce Half Wrap *and*
- Marinated Chicken Breast, Cucumber, Carrot, Herbed Mayonnaise and Salad Half Wrap

Nut Free

- Double smoked Ham, Dijonaise, Tomato, Cheddar Cheese and Lettuce Half Wrap *and*
- Marinated Chicken Breast, Cucumber, Carrot, Herbed Mayonnaise and Salad Half Wrap

Vegan

- Sun dried Tomato, Hummus, Olive, Red Onion Jam and Lettuce Half Wrap *and*
- Avocado, Falafel, Carrot, Cucumber, Vegan Cheese, Vegan Herb Aioli and Lettuce Half Wrap

Individual Hot Lunch

Hot Options include pre-packaged wooden knife, fork and napkin
Seasonal Whole Fruit and Muesli Bar,

Beef Golden Curry with Steamed Jasmine Rice

Cauliflower, Coconut and Green Lentil Curry with Steamed Jasmine Rice (gf / vegan)

Sundried Tomato and Roast Pumpkin Penne with Fresh Parmesan Shavings (NF / Halal)